



SUFFOLK ORIENTEERING CLUB

Level C event, EAL and ESSOL

Daisy's Wood, Rendlesham

Sunday 15th January 2017

Time Registration 10:00 – 12.00
Starts from 10.30 – 12.30
Courses close 14.30

Fees Seniors (BOF members) £7.00
Seniors (non-members) £9.00
Seniors on white/yellow course £3.00
(Entry on the day only) Juniors (under 21) £3.00
Groups – same as senior rate (extra maps £1)
Dibber Hire £0.50 (£30 replacement cost if lost)

Postcode
IP12 2RX

OS Grid Reference
TM344502

Courses	Difficulty	Approx dist.	ESSOL courses	EAL Age Class
White	Very easy	1.5 – 2.0 km	Up to year 6	-
Yellow	Easy	2.0 – 2.5 km	Years 7 & 8	M/W10
Orange	Moderate	2.5 – 3.5 km	Years 9 & 10	M/W12
Light green	Hard	3.0 – 4.0 km	Years 11 & 12	M/W14
Short Green	Very hard	3.0 – 4.0 km		W65+/M75+
Green	Very hard	4.0 – 5.5 km	Year 13	W16-20/W45-60/M65-70
Blue	Very hard	5.5 – 7.5 km		M16-20/W21-40/M45-60
Brown	Very hard	7.5 – 10.0 km		M21-40

Terrain Typical East Anglia coniferous forest interspersed with blocks of deciduous trees of various ages on either side of a small, rather marshy valley to add interest.

Map 1:10,000, 5m contours, updated 2016, waterproof, with control descriptions printed on the map & available loose

Dogs On lead in car park; under strict control on courses

Directions Follow A1152 through Melton and left at roundabout with B1083 to stay on A1152. At next junction continue straight onto B1084. After approximately 2.5 miles turn left onto Forest Ride 5 to parking. Signed from B1083 roundabout.

Planner Martin Hore
Organiser Clive Wilkinson (07768 286138,01473 219059)
Controller Richard Bonnett



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